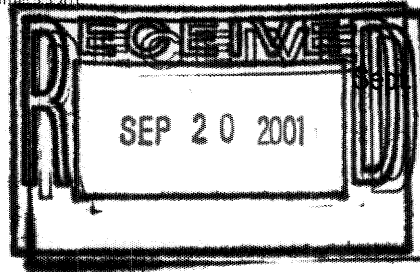


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Dr. Christine Lewis, Ph.D., Director
Office of Nutritional Products Labeling and Dietary Supplements
United States Food and Drug Administration
200 C Street SW, Washington, DC 20204



SEP 15, 2001

Notice of a 403(r)(6) Statement -
Multiple Statements and Multiple Ingredients

Dr. Lewis,

This letter serves notice that M.K. Health Food Distributors, Inc., dba Nature's Life, located at 7180 Lampson Avenue, Garden Grove, California, 92841, U.S.A. is marketing a dietary supplement whose label bears 403(r)(6) statements as follows:

Nutritional support for women experiencing menopause.

May significantly help to reduce "hot flashes" and other feelings of discomfort experienced by some women during menopause caused by fluctuating hormone levels.

Phytoestrogenic compounds in standardized Black Cohosh root extract are effective at preferentially binding to estrogen receptors.

These compounds reduce the secretion of luteinizing hormone (LH) which is associated with menopausal hot flashes.

Standardized Black Cohosh Root extract is the dietary ingredient that is subject of these statements and MenoRemin™ is the name of the dietary supplement that is the subject of these statements.

Regards & Health,

Karl Riedel

encl: Two Copies of this Notice

cc: M.K., C.M., K.C.

975 0162 LET 8551

Quality You Can Trust